

August 2025

the Porch

Sensory Stimulation Physical Game Exercise Social Events Self Care Religious Services Crafting/Cooking Music Bus Trips Rest & Restorative Activities Table Game Entertainment Movies/Shows Living Room Animal Therapy

SENIOR LIVING Sunday Thursday Friday Monday Tuesday Wednesday Saturday HAPPY BIRTHDAY TO: 1 National Coloring Day Maryln H. (11th) 10:00 Coffee and Conversation with 10:00 Parachute Games Friends on the Patio Virginia F. (22nd) 10:30 Seated Chair Exercises 10:30 Seated Chair Dancing 12:30 Reading on the Patio to Music **All Events Are** 1:30 Coloring for National Reading on the Patio Subject to Change Coloring Day CAREGIVER LED - Puzzles 3:00 Catholic Communion and Pretzels with Care Staff 3:30 BINGO 3:30 Afternoon Exercise National Ice Cream Sandwich 3 National Chocolate Chip Cookie National Root Beer Float Day 8 National Melon Day Day HAPPY BIRTHDAY CINDY! Day 10:00 Seated Parachute Exercises 10:00 Exercise: Seated Chair 10:00 Coffee and Conversation with 10:00 Exercise: Seated Chair 10:00 Parachute Games 8:30 Sunday Classic TV and Cocoa 10:00 Exercise: Monday Movemen 10:30 Manicures & Hand Massages Exercises Friends on the Patio 10:30 Watermelon on the Dancing to music 9:30 Exercise: Seated Chair Balloon 10:30 Bingo 12:30 Reading on the Patio 10:30 Craft Corner: decorated 10:30 Seated Chair Dancing 10:30 Bingo **Patio** Games 12:30 Reading on the Patio 1:00 Afternoon Exercise Walker bags and totes to Music 12:30 Reading on the Patio 12:30 Reading on the Patio 10:30 Lemonade on the Patio 1:00 Baking Chocolate Chip 1:30 Lila, the Therapy Dog, Visits 12:30 Reading on the Patio Reading on the Patio 1:30 Matching Games 10:30 Religious Services 1:00 Afternoon Exercise Cookies 1:30 Outing: Yogurt Time 1:00 Afternoon Exercise 1:30 CAREGIVER LED - Puzzles 12:30 Reading on the Patio 2:00 Sips and Snacks: Root 3:00 Catholic Communion 1:30 CAREGIVER LED - Classic 2:00 Puzzles and Popcorn 1:30 Music with CD Thompson & and Pretzels with Care Staff 1:30 Movie and Ice Cream Movie **Beer Floats** 3:30 BINGO 2:30 Movie and Concession 3:30 Afternoon Exercise Sandwiches Stand: Titanic **National S'MORES Day** 10 HAPPY BIRTHDAY MARYLN! 13 National Creamsicle Day 16 10:00 Exercise: Seated Chair Exercises 10:00 Exercise: Monday Movement 10:00 Outing: Fish Hatchery at 10:00 Coffee and Conversation with 8:30 Sunday Classic TV and 10:00 Exercise: Seated Chair 10:00 Parachute Games 10:30 Craft Corner: Watermelon 10:30 Bingo Lake Sonoma Friends on the Patio Cocoa 10:30 Seated Chair Dancing to music **Button craft** 12:30 Reading on the Patio 10:00 Seated Parachute Exercises 10:30 Seated Chair Dancing 9:30 Exercise: Seated Chair 10:30 Bingo **Exercises** 12:30 Reading on the Patio 1:00 Afternoon Exercise 10:30 Manicures & Hand Massages to Music **Balloon Games** 12:30 Reading on the Patio 12:30 Reading on the Patio 1:00 Afternoon Exercise 1:30 Belly Dancer Performance 12:30 Reading on the Patio Reading on the Patio 10:30 Lemonade on the Patio 1:30 Music with Michael O 1:00 Afternoon Exercise 1:30 Matching Games 1:30 CAREGIVER LED - Classic 1:00 Afternoon Exercise 1:30 CAREGIVER LED - Puzzles 2:30 Movie and Concession Stand 10:30 Religious Services 3:00 Catholic Communion 2:00 Sips and Snacks: Movie 1:30 Lila, the Therapy Dog, Visits and Pretzels with Care Staff 3:00 Ice Cream Truck: Orange 12:30 Reading on the Patio **Margaritas** 3:30 BINGO 2:00 Puzzles and Popcorn 3:30 Afternoon Exercise Creamsicles: Overboard 1:30 Movie and S'mores 23 17 18 19 Passport to Hawaii! 20 21 HAPPY BIRTHDAY VIRGINIA! 22 8:30 Sunday Classic TV and 10:00 Outing: Picnic at the beach 10:00 Exercise: Seated Chair 10:00 Exercise: Monday 10:00 Exercise: Seated Chair 10:00 Peaches on the Patio 10:00 Parachute Games 10:00 Seated Parachute Exercises Dancing to music Seated Chair Dancing Cocoa 10:30 10:30 Seated Chair Movement **Exercises** 10:30 Manicures & Hand Massages 10:30 Bingo 9:30 Exercise: Seated Chair to Music 10:30 Bingo 10:30 Craft Corner: Coasters **Exercises** Reading on the Patio Reading on the Patio **Balloon Games** 12:30 Reading on the Patio 1:00 Afternoon Exercise 1:00 Afternoon Exercise 1:30 CAREGIVER LED -10:30 Lemonade on the Patio 1:00 Afternoon Exercise 1:00 Afternoon Exercise 1:30 Matching Games 1:30 Lila, the Therapy Dog, Visits 1:30 Passport to Hawaii 10:30 Religious Services Puzzles and Pretzels with 1:30 CAREGIVER LED -3:00 Catholic Communion 2:30 Movie and Concession **Entertainment** 2:00 Puzzles and Popcorn 12:30 Reading on the Patio Care Staff Classic Movie Stand: Charlotte's Web 3:30 BINGO Passport to Hawaii Happy 2:00 1:30 Movie and Popcorn 3:30 Afternoon Exercise Hour 25 National Cherry Popsicle Day 27 30 National Banana Lover Day 28 29 **National Waffle Day** 9:30 Exercise: Seated Chair Balloon Games 10:00 Outing: Jack London State 10:00 Exercise: Seated Chair 10:00 Exercise: Seated Chair Exercises 10:00 Coffee and Conversation with 10:00 Exercise: Monday 10:00 Parachute Games 10:30 Religious Services Park 10:30 Craft Corner: Alzheimer's Walk Friends on the Patio Dancing to music Movement 10:30 Seated Chair 12:30 Reading on the Patio w/ Ice cream in 10:00 Seated Parachute Exercises T-shirts 10:30 Seated Chair Dancing waffle cones 10:30 Bingo 10:30 Bingo **Exercises** 10:30 Manicures & Hand Massages 12:30 Reading on the Patio 1:30 Movie and Popcorn to Music 12:30 Reading on the Patio 12:30 Reading on the Patio 12:30 Reading on the Patio Reading on the Patio 1:00 Afternoon Exercise Reading on the Patio 1:00 Afternoon Exercise 1:00 Afternoon Exercise 1:30 Music with CD Thompson Afternoon Exercise 1:30 Matching Games CAREGIVER LED - Puzzles 9:30 Exercise: Seated Chair Balloon Games Lila, the Therapy Dog, Visits 2:30 Movie and Concession Stand: 3:00 BIRTHDAY PARTY 1:30 CAREGIVER LED -3:00 Catholic Communion 10:30 Lemonade on the Patio and Pretzels with Care Staff Puzzles and Popcorn Max 2:00 10:30 Religious Services happy hour with banana 3:30 BINGO Classic Movie 3:30 Afternoon Exercise 2:30 Eat Cherry Popsicles on 3:00 Ice Cream Truck 12:30 Reading on the Patio splits

9i MC Activity Room

1:30 Movie and Popcorn