

April 2025

Exercise	Sensory Stimulation	Physical Game
Social Events	Self Care	Religious Services
Crafting/Cooking	Music	Bus Trips
Table Game	Entertainment	Living Room
Movies/Shows	Animal Therany	

BY BLUE MOUNTAIN SENIOR LIVING			Movies/Shows Animal Therapy				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
HAPPY EATH APRIL 22 DAY		Nature Videos	10:00 Exercise: Seated Chair Dancing 10:30 Spring Bingo 12:00 Musical Sing-a-long 12:30 Reading 1:00 Afternoon Exercise 1:30 Mira, the Therapy Dog, Visits 2:30 Sips and Snacks 3:00 Tabletop Games	National Rainbow Day 10:00 Exercise: Seated Chair Balloon Games 10:30 Craft Corner: Rainbow Craft 12:30 Number Bingo 12:30 Reading 1:00 Afternoon Exercise 1:00 Music and Dancing with Marcia Singer 2:30 Collage and Cocoa 2:30 Movie and Concession Stand	10:00 Coffee and Conversation with Friends 10:30 Morning Movement & Stretch 1:30 Puzzles and Pretzels with Care Staff 3:30 Balloon Badminton	10:00 Parachute Games 10:30 Morning Movement & Stretch 1:30 Tabletop Games with Care Staff 3:00 Catholic Communion 3:30 BINGO	
Games 10:30 Religious Services 10:30 Toast to a new week 12:30 Reading 1:00 Movie and Caramel Popcorn 3:00 Dexterity Activities- Crafting	10:30 Painting Projects: Easter Egg 12:30 Reading 1:00 Afternoon Exercise 1:30 Caregiver Led BINGO 3:00 Armchair Travel: Easter Island 3:00 Hank, the Therapy Dog, Visits	Nature Videos 12:30 Reading 1:00 Afternoon Exercise 1:30 Lila, The Therapy Dog, Visits 1:30 Manicures & Hand Massages	Dancing 10:30 Spring Bingo 12:00 Musical Sing-a-long 12:30 Reading 1:00 Afternoon Exercise 1:30 Mira, the Therapy Dog, Visits 2:30 Sips and Snacks 3:00 Tabletop Games	10:00 Exercise: Seated Chair Balloon Games 10:30 Craft Corner: Recycled Craft Day in honor of Earth Day 12:30 Number Bingo 12:30 Reading 1:00 Afternoon Exercise 1:00 Music with Michael O 2:30 Collage and Cocoa 2:30 Movie and Concession Stand	10:00 Coffee and Conversation with Friends 10:30 Morning Movement & Stretch 1:30 Puzzles and Pretzels with Care Staff 3:30 Giant Bowling	Passover Begins 12 10:00 Parachute Games 10:30 Morning Movement & Stretch 1:30 Tabletop Games with Care Staff 3:00 Catholic Communion 3:30 BINGO	
Palm Sunday 8:30 Sunday Classic TV and Cocoa 9:30 Exercise: Seated Chair Balloon Games 10:30 Religious Services 10:30 Toast to a new week 12:30 Reading 1:00 Movie and Popcorn 3:00 Dexterity Activities- Crafting	10:00 Exercise: Monday Movement 10:30 Painting Projects: Easter Chicks 12:30 Reading 1:00 Afternoon Exercise 1:30 Belly Dancer Performance 1:30 Caregiver Led BINGO 3:00 Armchair Travel: Rick Steves' the Holy Land 3:00 Hank, the Therapy Dog, Visits	10:00 Seated Parachute Exercises 10:30 Manicures & Hand Massages 12:00 Documentary Tuesday: Nature	Passport to Paris 16 10:00 Exercise: Seated Chair Dancing 10:30 Spring Bingo 11:30 Passport to France Lunch 1:30 Mira, the Therapy Dog, Visits 2:00 Passport to Paris Tea Party 3:00 Exercise Games with Care Staff	10:00 Exercise: Seated Chair Balloon Games 10:30 Celebrate "Go fly a kite day" Craft Corner: Kite Door Hangers 12:30 Number Bingo 12:30 Reading	10:00 Coffee and Conversation with Friends 10:30 Morning Movement & Stretch 1:30 Puzzles and Pretzels with Care Staff 3:30 Balloon Badminton	19 10:00 Parachute Games 10:30 Morning Movement & Stretch 1:30 Tabletop Games with Care Staff 3:00 Catholic Communion 3:30 BINGO	
Easter 8:30 Sunday Classic TV and Cocoa 9:30 Exercise: Seated Chair Balloon Games 10:30 Religious Services 10:30 Toast to a new week 12:30 Reading 1:00 Easter Family Party 3:00 Movie and Popcorn	1. 3	Earth Day 22 10:00 Seated Parachute Exercises 10:30 Outing: Earth Day Picnic 12:00 Documentary Tuesday: Nature Videos	National Picnic Day 10:00 Exercise: Seated Chair Dancing 10:30 Spring Bingo 11:00 Picnic Lunch on the Patio 12:00 Musical Sing-a-long 12:30 Reading 1:00 Afternoon Exercise 1:30 Mira, the Therapy Dog, Visits 2:30 Sips and Snacks 3:00 Tabletop Games	 	, ,	Arbor Day 26 10:00 Parachute Games 10:30 Morning Movement & Stretch 1:30 Tabletop Games with Care Staff 3:00 Catholic Communion 3:30 BINGO	
8:30 Sunday Classic TV and Cocoa 9:30 Exercise: Seated Chair Balloon Games 10:30 Religious Services 10:30 Toast to a new week 12:30 Reading 1:00 Movie and Popcorn 2:30 Celebrate National Pretzel Day: Make Chocolate Covered Pretzels	10:00 Exercise: Monday Movement 10:30 Painting Projects: Flowers 12:30 Reading 1:00 Afternoon Exercise 1:30 Caregiver Led BINGO 3:00 Armchair Travel: Travel through Israel 3:00 Hank, the Therapy Dog, Visits	10:30 Manicures & Hand Massages 12:00 Documentary Tuesday: Nature Videos	10:00 Exercise: Seated Chair Dancing 10:30 Spring Bingo 12:00 Musical Sing-a-long 12:30 Reading 1:00 Afternoon Exercise 1:30 Mira, the Therapy Dog, Visits 3:00 BIRTHDAY PARTY 3:00 Tabletop Games	Spring- is in the	HAPPY EASTER	All Events Are Subject to Change	