

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Year's Day 1 10:00 Exercise: Seated Chair Dancing 10:30 Movie: Pollyanna 12:00 Rest and Relax: Poetry and Stories 1:30 Mira, the Therapy Dog, Visits 1:30 Sorting Activities and Puzzles 3:00 Sips and Snacks	2 10:00 Exercise: Seated Chair Stretching 10:30 Coloring and Cocoa 12:00 Rest and Relax: Quiet Music 1:30 Craft Corner: Winter Door Wreath 2:30 Movie and Popcorn	3 HAPPY BIRTHDAY JAMES! 10:00 Coffee with Friends 10:30 Giant Bowling 12:00 Rest and Relax: Quiet Music and Sing Along 1:30 Puzzles and Pretzels with Care Staff 3:30 Matching Games	4 10:30 Bean Bag Toss 12:00 Rest and Relax: Book on Tape 1:30 Tabletop Games: Checkers and Memory Games with Care Staff 2:00 Sorting and Beading Activities 3:00 Catholic Communion
National Bird Day 5 8:30 Sunday Classic TV and Cocoa 9:30 Indoor Walking Club 10:30 Religious Services 12:00 Rest and Relax: Watch the Live Cam Bird Feeder 1:00 Movie and Popcorn 2:30 Dexterity Activities: Build and Paint Bird Feeders	Natl. Shortbread Cookie Day 6 10:00 Exercise: Monday Movement 10:30 Watercolor Painting Projects 12:00 Rest and Relax: Newspaper and Tea 1:30 Caregiver Led - Coloring with Shortbread Cookies 2:30 Sports and Snack Bar 3:00 Hank, the Therapy Dog, Visits	7 10:00 Seated Parachute Exercises 10:30 Outing: Donut Shop 12:00 Rest and Relax: Relaxing Videos 1:30 Lila, The Therapy Dog, Visits 2:30 Manicures & Hand Massages 3:00 Puzzles and Word Games	Happy Birthday Elvis! 8 10:00 Exercise: Seated Chair Dancing 10:30 Winter Bingo 12:00 Rest and Relax: Elvis Sing-a-long 1:30 Elvis Movie: PB and Banana Sandwiches 1:30 Mira, the Therapy Dog, Visits 2:30 Sorting Activities and Puzzles 3:00 Sips and Snacks	9 10:00 Exercise: Seated Chair Stretching 10:30 Coloring and Cocoa 12:00 Rest and Relax: Quiet Music 1:30 Music with Michael O 2:30 Movie and Popcorn	10 10:00 Coffee with Friends 10:30 Giant Bowling 12:00 Rest and Relax: Quiet Music and Sing Along 1:30 Puzzles and Pretzels with Care Staff 3:30 Matching Games	HAPPY BIRTHDAY JUNE! 11 10:30 Velcro Dart Board 12:00 Rest and Relax: Book on Tape 1:30 Tabletop Games: Checkers and Memory Games with Care Staff 2:00 Sorting and Beading Activities 3:00 Catholic Communion
12 8:30 Sunday Classic TV and Cocoa 9:30 Indoor Walking Club 10:30 Religious Services 12:00 Rest and Relax: Quiet Music 1:00 Movie and Popcorn 2:30 Dexterity Activities: Clay	Natl. Sticker Day 13 10:00 Exercise: Monday Movement 10:30 Sticker Crafts 12:00 Rest and Relax: Newspaper and Tea 1:30 Belly Dancer Performance 1:30 Caregiver Led - Coloring 2:30 Sports and Snack Bar 3:00 Hank, the Therapy Dog, Visits	14 10:00 Seated Parachute Exercises 10:30 Manicures & Hand Massages 12:00 Rest and Relax: Relaxing Videos 1:00 Documentary Tuesday: Enchanted Forests 1:30 Lila, The Therapy Dog, Visits 1:30 Outing: Scenic Drive 3:00 Puzzles and Word Games	HAPPY BIRTHDAY ANNETTE! 15 10:00 Exercise: Seated Chair Dancing 10:30 Winter Bingo 12:00 Rest and Relax: Poetry and Stories 1:30 Mira, the Therapy Dog, Visits 1:30 Sorting Activities and Puzzles 3:00 Sips and Snacks: Natl. Strawberry Ice Cream Day Sundaes	16 10:00 Exercise: Seated Chair Stretching 10:30 Coloring and Cocoa 12:00 Rest and Relax: Quiet Music 1:30 Craft Corner: Snowflake Craft 2:30 Movie and Popcorn	17 10:00 Coffee with Friends 10:30 Giant Bowling 12:00 Rest and Relax: Quiet Music and Sing Along 1:30 Puzzles and Pretzels with Care Staff 3:30 Matching Games	18 10:30 Bean Bag Toss 12:00 Rest and Relax: Book on Tape 1:30 Tabletop Games: Checkers and Memory Games with Care Staff 2:00 Sorting and Beading Activities 3:00 Catholic Communion
Natl. Popcorn Day 19 8:30 Sunday Classic TV and Cocoa 9:30 Indoor Walking Club 10:30 Religious Services 12:00 Rest and Relax: Quiet Music 1:00 Movie and Popcorn Tasting 2:30 Dexterity Activities: Clipping Pictures Out of Magazines	Martin Luther King Jr. Day 20 10:00 Exercise: Monday Movement 10:30 Watercolor Painting Projects 12:00 Rest and Relax: Newspaper and Tea 1:30 Caregiver Led - Coloring 2:30 Sports and Snack Bar 3:00 Hank, the Therapy Dog, Visits	21 10:00 Seated Parachute Exercises 10:30 Manicures & Hand Massages 12:00 Rest and Relax: Relaxing Videos 1:00 Documentary Tuesday: Enchanted Forests 1:30 Lila, The Therapy Dog, Visits 1:30 Outing: Dessert Day 3:00 Puzzles and Word Games	22 10:00 Exercise: Seated Chair Dancing 10:30 Winter Bingo 11:30 Chinese New Year Lunch 12:00 Rest and Relax: Poetry and Stories 1:30 Mira, the Therapy Dog, Visits 1:30 Sorting activities and puzzles 3:00 Sips and Snacks	Natl. Pie Day 23 10:00 Exercise: Seated Chair Stretching 10:30 Coloring and Cocoa 12:00 Rest and Relax: Quiet Music 1:30 Music with CD Thompson 2:30 Movie and Pie	24 10:00 Coffee with Friends 10:30 Giant Bowling 12:00 Rest and Relax: Quiet Music and Sing Along 1:30 Puzzles and Pretzels with Care Staff 3:30 Matching Games	25 10:30 Velcro Dart Board 12:00 Rest and Relax: Book on Tape 1:30 Tabletop Games: Checkers and Memory Games with Care Staff 2:00 Sorting and Beading Activities 3:00 Catholic Communion
26 8:30 Sunday Classic TV and Cocoa 9:30 Indoor Walking Club 10:30 Religious Services 12:00 Rest and Relax: Quiet Music 1:00 Movie and Popcorn 2:30 Dexterity Activities: Clay	27 10:00 Exercise: Monday Movement 10:30 Watercolor Painting Projects 12:00 Rest and Relax: Newspaper and Tea 1:30 Caregiver Led - Coloring 2:30 Sports and Snack Bar 3:00 Hank, the Therapy Dog, Visits	28 10:00 Seated Parachute Exercises 10:30 Manicures & Hand Massages 12:00 Rest and Relax: Relaxing Videos 1:00 Documentary Tuesday: Enchanted Forests 1:30 Lila, The Therapy Dog, Visits 1:30 Outing: Scenic Drive 3:00 Puzzles and Word Games	First Day of Chinese New Year 29 10:00 Exercise: Seated Chair Dancing 10:30 Winter Bingo 12:00 Rest and Relax: Poetry and Stories 1:30 Mira, the Therapy Dog, Visits 1:30 Sorting Activities and Puzzles 3:00 BIRTHDAY PARTY	30 10:00 Exercise: Seated Chair Stretching 10:30 Coloring and Cocoa 12:00 Rest and Relax: Quiet Music 1:30 Craft Corner: Melted Snowman Craft 2:30 Movie and Popcorn	Natl. Hot Chocolate Day 31 10:00 A trip down memory lane Sing-a-long 10:30 Giant Bowling 12:00 Rest and Relax: Quiet Music and Sing Along 1:30 Puzzles and Hot Chocolate with Care Staff 3:30 Matching Games	All Events Are Subject to Change