

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		National Homemade Cookie Day 1	2	3	National Cinnamon Bun Day 4	5
		9:45 Seated Chair Exercises 10:30 Building Games 12:00 Rest and Relax: Relaxing videos 1:30 Lila, The Therapy Dog, Visits 1:30 Outing: Scenic Drive 2:30 Manicures & Hand Massages 3:00 Eat Homemade Cookies!	10:00 Exercise: Seated Chair Dancing 10:30 Make Homemade Cookies and Cards 12:00 Rest and Relax: poetry and stories 1:30 Bingo 1:30 Mira the Therapy Dog Visits 2:30 Free Painting 3:00 HAPPY HOUR	10:00 Exercise: Seated Chair Games 10:30 Craft Corner: Candy Corn Decoupage 12:00 Rest and Relax: Quiet Music <input type="checkbox"/> 1:30 Mens Programming: Building 1:30 Scrapbooking Project 2:30 Movie and Popcorn: Heidi	10:00 Exercise: Seated Chair Stretching 10:30 Balloon Games 10:30 Lemonade and Good News Patio Social 12:00 Rest and Relax: Quiet Music and Tea 1:30 Puzzles and Cinnamon Buns with Care Staff 3:30 Matching Games	10:00 Exercise: Chair Dancing 10:30 Velcro Dart Board 12:00 Rest and Relax: book on Tape 1:30 Tabletop Games: Checkers and Memory Games with Care Staff 3:00 Catholic Communion
6	Chocolate Covered Pretzel Day 7	8	9	Angel Food Cake Day 10	11	12
9:30 Pool Noodle Table Hockey 10:30 Religious Services 12:00 Rest and Relax: Quiet Music 1:00 Concerts and Popcorn 2:30 Dexterity Activities: Clay	10:00 Exercise: Monday Movement 10:30 Sorting and Beading Activities 12:00 Rest and Relax: Newspaper and Tea 1:30 Caregiver led- coffee, coloring, and conversation with Chocolate Covered Pretzels 3:00 Hank the Therapy Dog Visits	9:45 Seated Chair Exercises 10:30 Board Games: 10:30 Outing: Petaluma Pumpkin Patch 12:00 Rest and Relax: Relaxing videos 1:30 Lila, The Therapy Dog, Visits 2:30 Manicures & Hand Massages	10:00 Exercise: Seated Chair Dancing 10:30 Lemonade and Good News Patio Social 12:00 Rest and Relax: poetry and stories 1:30 Bingo 1:30 Mira the Therapy Dog Visits 2:30 Free Painting 3:00 HAPPY HOUR	10:00 Exercise: Seated Chair Games 10:30 Craft Corner: felt pumpkin jack o lantern 12:00 Rest and Relax: Quiet Music <input type="checkbox"/> 1:30 Luma, the Therapy Dog, Visits 1:30 Mens Programming: Building 1:30 Scrapbooking Project 2:30 Movie and Angel Food Cake: It happens every Thursday	10:00 Exercise: Seated Chair Stretching 10:30 Balloon Games 10:30 Lemonade and Good News Patio Social 12:00 Rest and Relax: Quiet Music and Tea 1:30 Puzzles and Pretzels with Care Staff 3:30 Matching Games	10:00 Exercise: Chair Dancing 10:30 Bean Bag Toss 12:00 Rest and Relax: book on Tape 1:30 Tabletop Games: Checkers and Memory Games with Care Staff 3:00 Catholic Communion
13	National Dessert Day 14	I Love Lucy Day 15	16	17	Chocolate Cupcake Day 18	19
9:30 Seated Chair Stretches 10:30 Religious Services 12:00 Rest and Relax: Quiet Music 1:00 Concerts and Popcorn 2:30 Dexterity Activities: Clipping Pictures out of Magazines	10:00 Exercise: Monday Movement 10:30 Sorting and Beading Activities 12:00 Rest and Relax: Newspaper and Tea 1:30 Belly Dancer Performance 1:30 Caregiver led- coffee, coloring, and conversation 2:30 Eat an Extra Dessert 3:00 Hank the Therapy Dog Visits	8:30 I Love Lucy and Hot Chocolate 9:45 Seated Chair Exercises 10:30 Oktoberfest Craft 12:00 Rest and Relax: Relaxing videos 1:30 Lila, The Therapy Dog, Visits 1:30 Outing: Scenic Drive 2:30 Manicures & Hand Massages	10:00 Exercise: Seated Chair Dancing 10:30 Lemonade and Good News Patio Social 11:00 Passport to Germany: Oktoberfest 1:30 Mira the Therapy Dog Visits 1:30 Passport to Oktoberfest Entertainment 2:30 Free Painting	10:00 Exercise: Seated Chair Games 10:30 Craft Corner: Painted Pie Craft 12:00 Rest and Relax: Quiet Music <input type="checkbox"/> 1:30 Mens Programming: Building 1:30 Scrapbooking Project 2:30 Movie and Popcorn: The Little Princess	10:00 Exercise: Seated Chair Stretching 10:30 Balloon Games 10:30 Lemonade and Good News Patio Social 12:00 Rest and Relax: Quiet Music and Tea 1:30 Puzzles and Chocolate Cupcakes with Care Staff 3:30 Matching Games	10:00 Exercise: Chair Dancing 10:30 Velcro Dart Board 12:00 Rest and Relax: book on Tape 1:30 Tabletop Games: Checkers and Memory Games with Care Staff 3:00 Catholic Communion
20	National Apple Day 21	22	Boston Creme Pie Day 23	24	25	26
9:30 Pool Noodle Table Hockey 10:30 Religious Services 12:00 Rest and Relax: Quiet Music 1:00 MC Family Autumn Social 2:30 Movie and Popcorn 3:30 Dexterity Activities: Clay	10:00 Exercise: Monday Movement 10:30 Make Apple Dumplings 12:00 Rest and Relax: Newspaper and Tea 1:30 Caregiver led- coffee, coloring, and conversation 3:00 Hank the Therapy Dog Visits	9:45 Seated Chair Exercises 10:30 Board Games: 12:00 Rest and Relax: Relaxing videos 1:30 Lila, The Therapy Dog, Visits 1:30 Outing: Frozen Yogurt 2:30 Manicures & Hand Massages	10:00 Exercise: Seated Chair Dancing 10:30 Lemonade and Good News Patio Social 12:00 Rest and Relax: poetry and stories 1:30 Bingo 1:30 Mira the Therapy Dog Visits 2:30 Free Painting 3:00 HAPPY HOUR with Boston Creme Pie	10:00 Exercise: Seated Chair Games 10:30 Craft Corner: Pumpkin Painting and Decorating 12:00 Rest and Relax: Quiet Music <input type="checkbox"/> 1:30 Luma, the Therapy Dog, Visits 1:30 Mens Programming: Building 1:30 Scrapbooking Project 2:30 Movie and Popcorn: Coco	10:00 Exercise: Seated Chair Stretching 10:30 Balloon Games 10:30 Lemonade and Good News Patio Social 12:00 Rest and Relax: Quiet Music and Tea 1:30 Puzzles and Pretzels with Care Staff 3:30 Matching Games	10:00 Exercise: Chair Dancing 10:30 Bean Bag Toss 12:00 Rest and Relax: book on Tape 1:30 Tabletop Games: Checkers and Memory Games with Care Staff 3:00 Catholic Communion
27	National Chocolate Day 28	29	Wicked Day 30	Halloween! 31	<p style="text-align: center;">All Events Are Subject to Change</p>	
9:30 Seated Chair Stretches 10:30 Religious Services 12:00 Rest and Relax: Quiet Music 1:00 Concerts and Popcorn 2:30 Dexterity Activities: Clipping Pictures out of Magazines	10:00 Exercise: Monday Movement 10:30 Making Chocolate Muffins 12:00 Rest and Relax: Newspaper and Tea 1:30 Caregiver led- chocolate, coloring, and conversation 3:00 Hank the Therapy Dog Visits	9:45 Seated Chair Exercises 10:30 Board Games: 12:00 Rest and Relax: Relaxing videos 1:30 Lila, The Therapy Dog, Visits 1:30 Outing: Scenic Drive 2:30 Manicures & Hand Massages	8:00 Watch Wicked the Musical 10:00 Exercise: Seated Chair Dancing 10:30 Lemonade and Good News Patio Social 12:00 Rest and Relax: poetry and stories 1:30 Bingo 1:30 Mira the Therapy Dog Visits 2:30 Free Painting 3:00 BIRTHDAY HAPPY HOUR	10:00 Exercise: pumpkin bean bag toss 10:30 Halloween Crafts 11:30 Spooky Halloween lunch! 12:00 Rest and Relax: Quiet Music <input type="checkbox"/> 12:00 Staff Halloween costume parade 1:30 Halloween Entertainment 2:30 Halloween Movie and Popcorn Balls: The Nightmare Before Christmas 2:30 Pass out candy to trick or treaters		